CARBOHYDRATES

INTRODUCTION

1. General

- A. Carbohydrates make up 75% of dry weight of many plants on which many animals primarily depend on.
- B. Carbohydrates make up 70-80% of swine diets (& also poultry diets), thus important from a nutritional standpoint as well as an economical standpoint.

2. Classification

• Based on the No. of sugar units & carbon atoms per sugar unit (Maynard et al., 1979):

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I. Monosaccharides (single glycose unit):

Trioses (C_3H_6O_3)

Glyceraldehyde & Dihydroxyacetone

Tetrose (C_4H_8O_4)

Erythrose

Pentoses (C_5H_{10}O_5)

Ribose, Arabinose, Xylose, and Xylulose

Hexoses (C_6H_{12}O_6)

Glucose, Galactose, Mannose, and Fructose
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II. Oligosaccharides (2 to 10 glycose units):

Disaccharides $(C_{12}H_{22}O_{11})$ Sucrose, Maltose, Cellobiose, and Lactose Trisaccharides $(C_{18}H_{32}O_{16})$ Raffinose Tetrasaccharides $(C_{24}H_{42}O_{21})$ Stachyose Pentasaccharides $(C_{30}H_{52}O_{26})$ Verbascose

III. Polysaccharides (> 10 glycose units):

Homoglycan ("single glycose" units) Pentosans $(C_5H_8O_4)n$ Hexosans $(C_6H_{10}O_5)n$

Arabans, and Xylans Glucans

Starch (α-linked), Dextrins (αlinked), Glycogen (α-linked), and Cellulose (β-linked) Inulin, and Levan

Fructans Galactans Mannans

Heteroglycan (2-6 different kinds of glycose units)

Pectins (α-linked), Hemicellulose (β-linked), Gums & Mucilages, and Mucopolysaccharides

Specialized compounds:

Chitin Lignin (not a carbohydrate)

NUTRITIONALLY IMPORTANT SUGARS/CH,O

1. Monosaccharides

- A. Trioses, glyceraldehyde & dihydroxyacetone, are important intermediates in energy metabolism.
- B. Pentoses:
 - 1) Majority of pentoses:
 - a) Exist as polymers, pentosans, and only a small fraction as a free form.
 - b) Associated with cell walls (hemicellulose).
 - c) After fermentation by microbes, can contribute to "energy pool."
 - 2) Ribose:
 - a) Occurs in a No. of compounds such as ATP, ADP, DNA, RNA, etc.
 - b) Can be synthesized by animals.
- C. Hexoses:
 - I6 stereoisomers (8 + 8 mirror images) are possible, but probably three are nutritionally important (i.e., in terms of a practical nutrition)!
 - 1) Glucose (dextrose):
 - a) Found a free form in fresh fruits, plant fluids, etc.
 - b) 1° energy source, \therefore probably the most important sugar.
 - c) One of the sugar units of sucrose & lactose.
 - d) An end product of starch digestion, and produced commercially by hydrolyzing corn starch.
 - 2) Galactose:
 - a) One of the sugar units in lactose.
 - b) No free form in the nature.
 - c) Converted to glucose in the liver:
 - (1) "Congenital galactosemia" Some people lack the enzyme (phosphogalactose uridyl transferase), which results in accumulation of galactose, ∴ must restrict milk intake!
 - (2) Also, poultry lack this enzyme. (They can tolerate up to 10% galactose, but higher levels can cause convulsion & death.)
 - 2) Fructose:
 - a) One of the sugar units of sucrose.
 - b) A ketose sugar.

Sugar

c) Relative sweetness (sucrose = "1"): (Maynard et al., 1979)

 D-fructose
 1.35

 D-glucose
 0.74

 Xylose
 0.67

 Sorbitol
 0.54

| Maltose Galactose | 0.45 0.32 |
|----------------------|--------------|
| Lactose | 0.16 |
| Saccharin | 200-700 |

- (1) The sweetest of sugars, and may be important in baby pig diets.
- (2) Occurs free along with glucose & sucrose in fruits & honey.
- (3) A polymer (inulin) is found in Jerusalem artichoke, dandelion, etc.
- (4) Commercially produced by isomerization of glucose Being used for soft drinks, canned food, etc.

2. Disaccharides

- A. Maltose & isomaltose:
 - 1) Two glucose molecules joined together by " α -1,4" and " α -1,6 linkages."
 - 2) "Near-end" products of starch digestion Hydrolysis (*amylase*) → maltose + isomaltose (*maltase/isomaltase*) → glucose (at the brush border).

B. Sucrose:

- 1) Glucose & fructose joined by an α -1,2 linkage.
- 2) Found in sugar cane & beets, fruits, tree sap, etc.
- 3) Molasses A crude preparation of sucrose. Contains glucose, fructose, minerals, etc., and not commonly used in nonruminant diets because of its physical nature and a possibility of causing diarrhea at high levels (> 30%).
- C. Lactose:
 - 1) Galactose & glucose joined together by a β -1,4 linkage.
 - 2) Synthesized by mammary gland.
 - 3) Lactase?
 - a) Abundant in young animals.
 - b) Chickens have no lactase, but they can utilize at low levels of lactose via fermentation in the hind gut.
 - c) In humans? Tends to be low in people of Chinese and African descent.

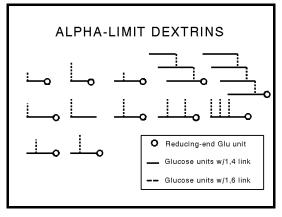
3. Tri-, Tetra- & Pentasaccharides

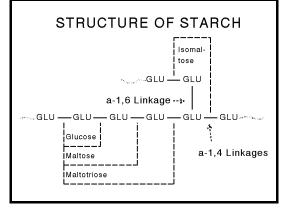
- A. Raffinose:
 - 1) A combination of glucose, galactose & fructose.
 - 2) Most widely distributed oligosaccharide in the nature except sucrose.

- B. Stachyose Raffinose + D-galactose.
- C. Verbascose Raffinose + 2 D-galactose.
- D. Raffinose, stachyose & verbascose:
 - 1) Galactose molecules are linked by an α -galactosidic linkage.
 - 2) Found in substantial quantities in leguminous seeds.
 - 3) No enzyme to split this linkage in animals:
 - a) Cannot be digested & too large to be absorbed, ... passed into hind guts.
 - b) Subjecto to microbial fermentation (especially, tetra- & pentasaccharides), which can result in production of a large amount of gas $(1^{\circ} H_2 \& CO_2 gases)$.
- E. Soybean meal, which is a major source of supplemental protein for nonruminants:
 - 1) Contains 1-2% raffinose & 2-3% stachyose.
 - 2) May depress performance of pigs, especially young pigs.
- F. Soy protein products (concentrate or isolate):
 - 1) Complex carbohydrates are removed.
 - 2) Primarily used by the food industry, but also being used as feed ingredients for baby pig diets in recent years.

4. Polysaccharides

- A. Starch:
 - 1) Storage form of energy in seeds, tubers, etc.
 - 2) Quantitatively, 1° source of energy for animals.
 - 3) Structure of starch: (Adapted & redrawn from Davenport, 1982)
 - a) Amylose (α -1,4 linkage) e.g., \approx 20% of corn starch.
 - b) Amylopectin (α -1,4 & α -1,6 linkages) - e.g., \approx 80% of corn starch.
 - Both forms are utilized well by pigs!
- B. Dextrins:
 - "α-limit dextrins:" (Adapted & redrawn from Kidder & Manners, 1978)





- 2) Called " α -limit" dextrins because of the inability of α -amylase to break α -1,6 bonds.
- 3) These intermediates are produced from hydrolysis of starch by enzymes (& heat).
- 4) Hydrolyzed at the brush boarder by α -dextranase.
- C. Beta glucan:
 - 1) Polymers of D-glucose with mixed linkages (β -1,3 & β -1,4).
 - 2) Commonly found in barley ($\approx 5-8\%$) starch & protein are enclosed within endosperm cell walls, which consist 1° of β -glucans & arabinoxylans.
 - 3) Forms a viscous solution in the GI tract, \therefore may interfere digestion process?
 - 4) Dietary β -glucanase supplementation?
 - a) Has been shown to be beneficial in barley-based poultry diets.
 - b) For swine? The results have been very inconsistent! One example:

Beta-glucanase supplementation (%) and apparent digestibilities (%) in weanling pigs (Li et al., 1996. Anim. Feed Sci. Technol. 59:223-231):

| Grain | Response | 0.00 | 0.05 | 0.10 | 0.20 |
|--------|----------|------|------|------|------|
| Barley | DM* | 84.7 | 87.1 | 86.0 | 88.3 |
| | CP* | 81.6 | 86.0 | 83.4 | 88.5 |
| | Energy* | 85.2 | 87.8 | 86.4 | 89.5 |
| Corn | DM | 85.6 | 84.1 | 83.7 | 85.2 |
| | СР | 84.4 | 82.5 | 81.3 | 82.7 |
| | Energy | 85.8 | 84.4 | 83.8 | 85.7 |

* Linear, P < 0.05. (Presented partial data.)

D. Glycogen:

- 1) Resembles starch in properties (& functions), and often called "animal starch."
- 2) Small amounts are found in animals as a reserve $(1^{\circ} \text{ in the liver \& muscles } < .1\% \text{ of the body wt}).$

E. Cellulose:

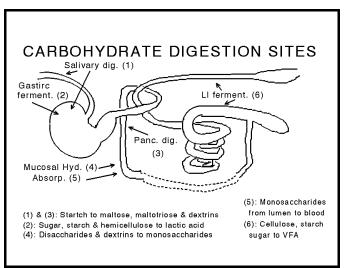
- 1) The most abundant carbohydrate in nature.
- 2) A structural component of cell walls.
- 3) A polymer of β -1,4-linked D-glucose, and 6 carbon atoms in the trans position.
- 4) Has an extensive H-bonding, which results in a tightly bound, crystalline structure.
- 5) Hydrolyzed only by microorganisms, and limited usage by nonruminant species.
- F. Hemicellulose:
 - 1) A complex, heterogenous mixture of different polymers of monosaccharides.

- 2) Found in cell walls.
- 3) Contains primarily xyloglucans, but also contains xylans, glucomannans & galactoglucomannans.
- 4) Less resistant to hydrolysis vs others, but more easily utilized than cellulose because of less H-bonding.

DIGESTION

1. Introduction

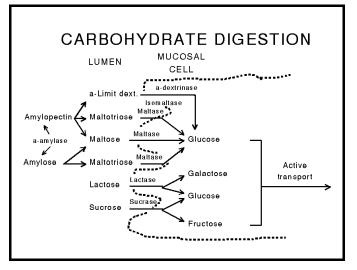
- A. Carbohydrates Major sources of energy for the pig and poultry:
 - 1) Lipids and protein contribute some energy, but starch & sugars are primarily sources.
 - 2) Fermentation of fibers (largely hemicellulose) In general, limited contributions to pigs & poultry.
- B. Three basic factors that affect the "availability:"
 - Digestibility, absorption of end products of digestion, and Metabolism of absorbed products.
 - Digestibility is probably the most important factor in the efficiency of feed utilization, and it is an inherent feature of feedstuffs to a large extent.
 - Absorption & utilization are usually not a major problem, and may be influenced by animals (e.g., age, sex & physiological state) to some extent.



2. Digestion in General

- A. The sites of carbohydrate digestion: (Redrawn from Kidder & Manners, 1978)
- B. Salivary digestion:
 - 1) Fowl Lacking amylase in saliva.
 - 2) Swine Pigs have "ptyalin:"
 - a) A weak α -amylase in saliva, which is similar to pancreatic amylase.
 - b) Can breakdown starch to a mixture of maltose, maltotriose & various dextrins.

- c) Active over the pH range of 3.8 to 9.4 with an optimum pH of 6.9.
- C. The GI tract digestion:
 - Carbohydrate digestion: (Redrawn from Gray, 1967. Fed. Proc. 26:1415)
- 3. Digestion (Examples with Pigs)
 - A newly hatched chick has a full complement of enzymes to utilize complex CH₂O, which is different from a newborn pig!



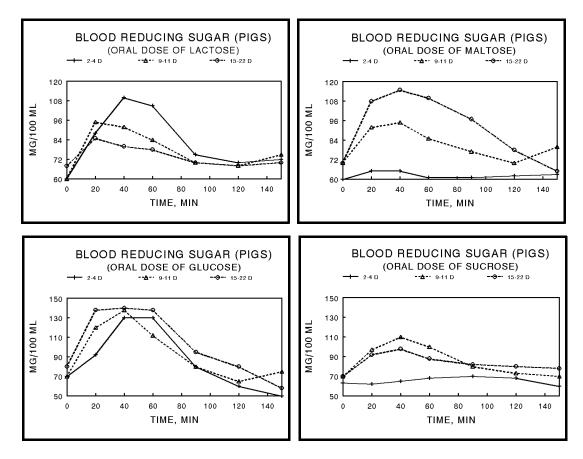
A. Enzyme activities in intestinal homogenates (unit/ml): (Dahlqvist, 1961. Nature 190:31)

| Enzyme ^a | Newborn | Adult |
|---------------------|---------|-------|
| Invertase (sucrase) | 0 | 78 |
| Maltase I | 0 | 55 |
| Maltase II | 1 | 248 |
| Maltase III | 7 | 66 |
| Isomaltase | 0 | 30 |
| Amylase | 26 | 1800 |
| Lactase | 104 | 42 |

^aMaltase I is active against maltose, sucrose & maltosucrose, whereas maltase II & III are active against maltose & isomaltose.

- B. Development of enzymes in young pigs:
 - 1) Enzymes for CH_2O digestion (except lactase) are very low until 4-5 wk of age.
 - 2) Lactase Concentrations/activities decrease over time regardless of a substrate (lactose) level in the diet, but older animals contain sufficient amounts to utilize whey (dried whey contains $\approx 65-70\%$ lactose).
 - Europe Feeding a liquid whey to pigs is a common practice in some area:
 - (1) "Remains" of cheese production contain \approx 7% of DM, 90% of lactose, 20% of protein, 40% of Ca & 43% of P originally present in milk.
 - (2) A free-choice of liquid whey + grain fortified with vitamins & minerals can replace ≈ 1/2 of dry feed and(or) protein supplements in growingfinishing pigs and gestating sows.
- C. Baby pigs & utilization of various sugars:

1) Blood reducing sugar (glucose & galactose) concentrations after an oral dose of sugars (... fasted 3-7 h first). Dollar et al., 1957. Proc Nutr. Soc. 16:xii:"



- a) Newborn pigs can utilize lactose and glucose, but not maltose or sucrose.
- b) They can utilize some maltose and sucrose by 10 days of age & their ability to utilize those sugars continues to increase with age, but not completely ready for diets containing only "complex" carbohydrates at "normal" weaning time!
- Pre- & starter diets may have to contain some milk products (i.e., dried skim milk, dried whey, etc.) to maximize performance - e.g.: Effect of lactose (14.4%) on baby pig performance: (Tokach et al., 1989. J. Anim. Sci. 67:1307)

| Criteria | | Control | Lactose |
|---------------------|-----|---------|---------|
| 0-2 wk postweaning: | | | |
| Gain, g/d | 229 | 289 | |
| Feed, g/d | 287 | 335 | |
| F:G | | 1.24 | 1.15 |
| 0-5 wk postweaning: | | | |
| Gain, g/d | 369 | 405 | |
| Feed, g/d | 565 | 605 | |
| F:G | | 1.52 | 1.49 |

Can expect similar response to dried whey!

D. Digestion coefficients (%) in swine fed diets based on various grains^a: (Keys & DeBarthe, 1974. J. Anim. Sci. 39:57)

| Item ^b | Wheat | Milo | Corn | Barley | CV, % |
|-------------------|--------|--------|---------|--------|-------|
| Starch | | | | | |
| Duodenum | 75.72 | 63.27 | 71.83 | 45.11 | 15.2 |
| Ileum | 94.97 | 86.90 | 93.36 | 79.14 | 11.5 |
| Feces | 98.46 | 94.66 | 98.65 | 93.57 | 1.7 |
| Amylose | | | | | |
| Duodenum | 95.95 | 90.05 | 94.30 | 69.37 | 9.3 |
| Ileum | 97.53 | 91.43 | 96.61 | 85.28 | 9.5 |
| Feces | 98.62 | 94.49 | 98.44 | 93.59 | 1.8 |
| Amylopectin | | | | | |
| Duodenum | 70.45 | 52.20 | 66.52 | 40.24 | 26.7 |
| Ileum | 94.30 | 86.06 | 92.68 | 77.74 | 12.2 |
| Feces | 98.41 | 94.70 | 98.67 | 93.57 | 1.7 |
| Sugar | | | | | |
| Duodenum | -86.04 | -43.42 | -405.79 | 41.14 | 167.2 |
| Ileum | 98.58 | 99.34 | 91.53 | 97.87 | 2.6 |
| Feces | 99.77 | 99.79 | 99.35 | 99.89 | .2 |

^aMean of four values.

^bDigestibility at duodenum or ileum was determined by the indicator method (Cr_2O_3), whereas fecal digestibility was determined by total collection method.

ABSORPTION

1. General

- A. The process of the absorption of sugars at the SI mucosa is similar for a wide range of species.
- B. Although small amounts of disaccharides may be absorbed from gut lumen, a bulk of dietary CH₂O is absorbed as monosaccharides.

2. Absorption Rate of Some Monosaccharides (Source, unknown)

| Sugar | Rat | Chick |
|-----------|-----|-------|
| Glucose | 100 | 100 |
| Galactose | 110 | 108 |
| Fructose | 43 | 67 |
| Mannose | 19 | 42 |
| Xylose | 15 | 46 |
| Arabinose | 9 | 47 |

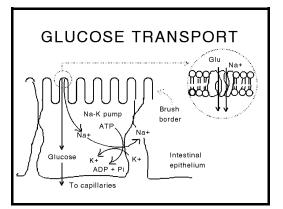
3. Absorption Processes

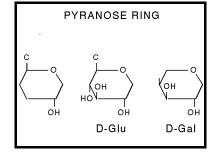
- A. Can be absorbed either by:
 - 1) Simple diffusion or active transport (absorbed against concentration gradient).
 - 2) The process is specific for an individual sugar or group of sugars.
- B. The important process is the one that involves Na: "Transport of glucose (& galactose) - Adapted & redrawn from Martin et al., 1983.
 - Also transport others such as xylose, arabinose & mannose to some extent.
- C. A minimum structure required for "active transport?"
 - 1) Important to have "OH" on carbon 2 (the same configuration as glucose).
 - 2) Has a pyranose ring:
 - Both glucose & galactose meet these requirements,∴ absorbed rapidly.
 - But, fructose does not, ... suggesting a separate mechanism for fructose!
- D. Fructose is generally absorbed slowly:
 - Example "Portal blood glucose and fructose. Rérat et al., 1973. Cah. Nutr. Diet. 8:154. Cited by Kidder & Manners, 1978."
 - In some species such as hamster, guinea pig & dog, fructose can be partly converted to glucose within the mucosa.
 - 3) But in pigs, not likely or not efficient vs other species.

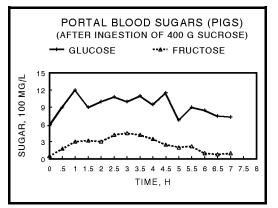
METABOLISM

1. General

- A. Absorbed CH_2O (sugar) is metabolized in three fundamental ways:
 - 1) To be used as an immediate source of energy.
 - 2) To serve as a precursor of liver & muscle glycogen.







- 3) To serve as a precursor of tissue triglycerides.
- B. The metabolic pathways are similar for most animals.
- 2. As a Source of Energy [See Maynard et al. (1979) & others for details]
 - A. Glucose:
 - 1) Glycolysis occurs in the cytoplasm.
 - 2) Phosphorylation to Glu-6-P in the liver and other cells (catalyzed by *hexokinase*).
 - 3) Isomerization (*isomerase*), and the second ATP to form Fru-1,6-diP (PFK).
 - 4) Form 2 pyruvate (or 2 lactate in the anaerobic pathway).
 - 5) Pyruvate can enter "mitochondria," then \rightarrow acetyl-CoA \rightarrow citric acid cycle.
 - 6) Net results? Generation of high-energy bonds (~(P)) during the catabolism of glucose: (Martin et al., 1983)

| Catalyzed by | $\sim (P)$ production | No. of $\sim P$ |
|------------------------------------|---|-----------------|
| Glycolysis | | |
| Glyceraldehyde-3-phosphate | Resp. chain oxidation | 6ª |
| dehydrogenase | of 2 NADH | |
| Phosphoglycerate kinase | Oxidation at substrate level; | 2 |
| Pyruvate kinase | Oxidation at substrate level | 2 |
| | | 10 |
| ATP consumption by hexokinase & | & phosphofructokinase | -2 |
| ~ | | Net 8 |
| Citric acid cycle | — • • • • • | |
| Pyruvate dehydrogenase | Resp. chain oxidation of 2 NADH | 6 |
| Isocitrate dehydrogenase | Resp. chain oxidation of 2 NADH | 6 |
| α-ketoglutarate | Resp. chain oxidation | 6 |
| dehydrogenase | of 2 NADH | |
| Succinate thiokinase | Oxidation at substrate level; | 2 |
| Succinate dehydrogenase | Resp. chain oxidation of 2 FADH ₂ | 4 |
| Malate dehydrogenase | Resp. chain oxidation of 2 NADH | 6 |
| | | Net 30 |
| Total per mol of glucose under aer | obic conditions | 38 |
| Total per mol of glucose under ana | erobic conditions | 2 |

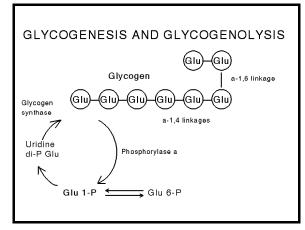
^aAssuming that NADH formed in glycolysis is transported to mitochondria vis the malate shuttle. If the glycerophosphate shuttle is used, only $2 \sim (P)$ would be formed per mol of NADH, and a total net production being 36 instead of 38.

B. Galactose:

- 1) Can be converted to glucose readily in the liver This ability may be used as a criterion for assessing the "hepatic function" in the galactose tolerance test.
- 2) Phosphorylated to Gal-1-P (by galactokinase) in the liver.
- 3) Converted to Glu-1-P in the liver, which is catalyzed by *galactose-1-P uridyl transferase*.
 - a) Chicks and people with congenital galactosemia lack this enzyme (also, other enzymes?).
 - b) Galactosemia (1) Accumulation of Gal-1-P → deplete liver inorganic P, (2) Can result in the liver failure & mental retardation, & (3) Only treatment is a galactose-free diet!
- 3) Converted to Glu-6-P, and follows oxidative pathways or converted to glucose (by *Glu-6-P-tase*) in the liver.
- C. Fructose:
 - 1) May be phosphorylated to Fru-6-P by *hexokinase*, but the affinity of this enzyme for fructose is very low vs glucose, ∴ not a major pathway.
 - 2) Phosphorylated to Fru-1-P by *fructokinase*.
 - 3) Split into triose sugars, and metabolized accordingly.

3. Conversion of Glucose to Glycogen

- A. Most animals consume food in excess of their immediate needs for energy, and an excess is stored as liver or muscle (... also others ... but not much!) glycogen.
 - 1) Liver Maintain blood glucose between meals?
 - 2) Muscle Readily available source of glucose for glycolysis within the muscle.
- B. But, the energy stored as carbohydrates or glycogen is very small e.g., in 70-kg man:
 - Stored carbohydrates = ≈1,900 Kcal (350 g muscle glycogen, 85 g liver glycogen, and 20 g glucose in ECF).
 - 2) vs fat = 140,000 Kcal (... 80-85% of body fuel supplies stored as fat & the remainder in protein).
- C. Glycogenesis & glycogenolysis: (Adapted & redrawn from Ganong, 1983)

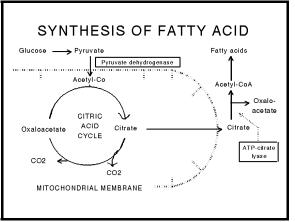


• Need glucose?

"Cascade sequence" (i.e., epinephrine \Rightarrow adenylate cyclase . . . conversion of phophorylase b to phosphorylase a) can result in the cleavage of α -1,4 linkage!

4. Conversion of Glucose to Fat

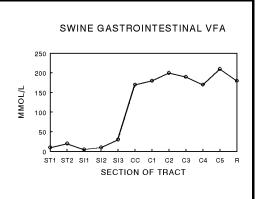
- A. Again, the storage of sugars as glycogen is rather limited, thus the excess is transformed into fats!
- B. Synthesis of fatty acids from glucose: (Redrawn from Martin et al., 1983)
- C. Factors affecting fatty acid synthesis:
 - Insulin: a) can ↑ transport of glucose into cells, b) can activate pyruvate dehydrogenase & acetyl-CoA carboxylase, and c) can inhibit lipolysis.



- 2) Glucagon Can inhibit acetyl-CoA carboxylase and lipogenesis in general.
- D. Limiting step? Acetyl-CoA carboxylase, which can be inhibited by acetyl-CoA, perhaps via negative feedback?!
- E. Factors affecting acetyl-CoA?
 - 1) Nutritional status Inverse relationship between hepatic lipogenesis and serum fatty acids.
 - Dietary lipids can ↓ lipogenesis. With > 10% dietary lipids, a little conversion of carbohydrates to fatty acids.

5. Fermentation in Nonruminant Species

- A. General:
 - 1) Fermentation of starch can yield mostly lactate and propionate & not much acetate.
 - Fermentation that favors propionate production tends to be more efficient because propionate is "glucose former."



- 3) A reduction in acetate production can lead to \downarrow in the milk fat content. (Precursors in blood? Acetate, triglycerides, and β -hydroxybutyrate.)
- B. Pigs:
 - 1) Stomach Some fermentation in the upper part (1° product being lactic acid).
 - 2) The LI has more mixed flora, and produces acetic, propionic & butyric acids.

- 3) VFA concentrations See the figure (Clemens et al., 1975. J. Nutr. 105:759).
- Transport of VFA across the GI tract mucosa (μmol/cm²): (Argenzio & Southworth, 1974. Am. J. Physiol. 228:454)

| | Loss from | Gain | Tissue |
|--------------------|------------|------------|---------|
| Mucosa | lumen side | blood side | content |
| Gastric stratified | | | |
| squamous | 15.2 | 1.0 | 2.8 |
| Cardiac | 20.8 | 2.8 | 2.0 |
| Proper gastric | 12.6 | 0.8 | 2.2 |
| Pylorus | 14.6 | 1.3 | 5.6 |
| Cecum | 25.8 | 10.7 | 2.8 |
| Centripetal colon | 20.1 | 9.3 | 2.8 |
| Centrifugal colon | 24.4 | 7.7 | 3.2 |

- 5) Once absorbed, VFA are metabolized accordingly:
 - a) Acetate/butylate \rightarrow as a source of energy via acetyl CoA.
 - b) Propionate \rightarrow as a source of energy via succinyl CoA.
- C. Fowl:
 - 1) Crop Some microbial fermentation (1° product being lactic acid).
 - 2) Colon Likely to convey digesta rather than active fermentation & absorption.
 - 3) Ceca Produces most VFA (acetic, propionic and butyric acids), but only small contributions to the overall needs.

DIETARY FIBER

 Excellent reviews: "Low, 1985. Role of dietary fiber in pig diets" & "Van Soest, 1985. Definition of fibre in animal feed" in W. Haresign and D.J.A. Cole (Ed.) Recent Advances in Animal Nutrition. Butterworths, London, and Fernández & Jørgensen. 1986. Livest. Prod. Sci. 15:53.

1. **Definition of Fiber**

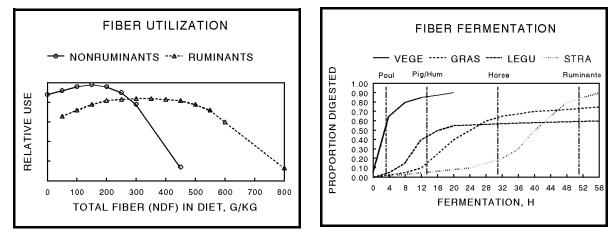
- A. Definition? "A sum of lignin and the polysaccharides that are not digested by the endogenous secretions of the digestive tract." (Trowell et al., 1976. Lancet 1:967)
- B. A practical definition (considers some attributes of fibers that can be analyzed easily by existing method): "*Non-starch polysaccharides and lignin.*" (Low, 1985)
- 2. Analytical Methods (Low, 1985; Fernández & Jørgensen, 1986)
 - See "Analysis of Feed Ingredients and Diets" in Section 18 for the scheme to fractionate forage into various components (Van Soest, 1967. JAS 26:119).

- A. Crude fiber The fibrous, less digestible portion of a feed.:
 - 1) Treat sequentially with petroleum ether, hot sulfuric acid, boiling water & alkali.
 - 2) Insoluble residue contains mainly cellulose & lignin. (But the recovery is not always complete!)
- B. Neutral detergent fiber The fraction containing mostly cell wall constituents vs. cell contents.
 - 1) Digestion by boiling in a neutral detergent solution.
 - 2) Cellulose & lignin are completely recovered, but may lose some hemicellulose. [Water soluble CH₂O (e.g., gum & pectin) are completely lost.]
- C. Acid detergent fiber The fraction of a feedstuff not soluble by acid detergent & roughly correspond to a crude fiber plus lignin.
 - 1) Digestion by boiling in an acid detergent solution.
 - 2) The residue contains cellulose & lignin. (Almost all other components are lost/ excluded.)
- D. Non-starch polysaccharides:
 - 1) The removal of starch by enzymic hydrolysis.
 - 2) The residue is separated into cellulose, non-cellulosic polysaccharides and lignin.
 - 3) Acid hydrolysis & colorimetric or gas-liquid chromatographic measurement of component of sugars.
- The word "fiber" is a very generic term, and considerable variations/differences exist in terms of variety/complexity in the chemical component of plant cell walls, physical composition, and their metabolic effects on animals!

3. Fiber Utilization by Ruminants & Nonruminant Species

- A. Composition of cell walls?
 - 1) Typical cell wall? 20 to 40% cellulose, 10 to 40% hemicellulose, 5-10% lignin, 1 to 10% pectin, & others.
 - 2) Other major constituents of cell walls, i.e., other than cellulose & hemicellulose:
 - a) Pectin:
 - (1) Non-starch polysaccharide found primary in the spaces between cell walls, but also infiltrates the cell wall itself.
 - (2) Consists of α-1,4-linked D-galacturonic acid units interspersed with 1,2linked rhamnose units.

- (3) Can be extracted with hot or cold water and will form a gel.
- (4) No mammalian enzyme to hydrolyze, but highly fermentable.
- (5) Because of its water-holding (gel) capacity, often used to reduce diarrhea.
- b) Plant gums:
 - (1) Formed at the site of injury or by a deliberate incision, and are viscous fluids which become hard when dry.
 - (2) Complex, highly branched residues with D-glucuronic & D-galacturonic acids along with other simple sugars such as arabinose and rhamnose.
- c) Lignin:
 - (1) A class of non-carbohydrate compounds, which provide structural support to plant cell walls.
 - (2) True lignin is a high molecular weight, amorphous polymer of phenylpropane derivatives.
 - (3) Found in the woody parts of the plants such as cobs, hulls, and fiberous portion of roots, stems, and leaves.
- B. Relative efficiency of fiber utilization (left) & fermentation curves for various species (right; Van Soest, 1985):



- 4. Additional Benefits of Fiber? Laxative effect, stimulate the colonic growth, maintain "normal" microflora, buffering effects, reduction of energy intake, thus leaner carcass, etc.
- 5. Dietary Fiber (e.g, in Pigs)
 - A. General:
 - 1) Nonruminant species (pigs & poultry) compete directly with humans for "high quality" feed ingredients (1° energy/CH₂O sources).
 - 2) Successful animal production in the future? ↑ the efficiency of feed utilization and also ↑ the use of alternative ingredients:

- a) Alternative ingredients (by-products and forages) tend to be high in fiber.
- b) Unfortunately, the information on fibers, the nutritive value of various types of fibers & their relationships with other nutrients, is inadequate at this time.
- 3) Negative aspects of using dietary fiber:
 - a) Dietary fiber & digestibility (%): (Kass et al., 1980. J. Anim. Sci. 50:175)

| % Alfalfa: | 0 | 20 | 40 | 60 |
|---------------|----|----|----|----|
| Dry matter | 77 | 61 | 52 | 28 |
| Cell wall | 62 | 34 | 27 | 8 |
| ADF 56 | 10 | 11 | 1 | |
| Hemicellulose | 67 | 54 | 49 | 22 |
| Cellulose | 58 | 20 | 9 | 7 |
| Nitrogen | 70 | 52 | 41 | 41 |

- b) Also, there is an indication that the digestibility of minerals may be reduced with an increase in dietary fiber . . . Cations can be bound to fibers!
- 4) Fiber as a source of energy:
 - a) The age of pigs influences the efficiency of utilization:
 - (1) Cellulose may not be utilized by pigs weighing < 40-50 kg.
 - (2) Gestating sows can be fed up to 96-98% alfalfa & perform normally.
 - (3) There might be genotype differences in the ability to utilize fiber e.g., Chinese pigs can thrive on high-fiber diets.
 - (4) According to some French data, growing pigs may be able to obtain ≈ 30% of DE from VFA (vs. commonly quoted value of 30% of maintenance energy).

PALATABILITY

- 1. **Palatability of CH₂O** Important because CH₂O make up high percentages of diets.
- 2. Most of high-CH₂O Ingredients (e.g., corn & milo) Fortunately, quite palatable!
- 3. Young Pigs May prefer feed with a sweetener! Example % of total diet consumed in the diet preference test: (Jensen et al., 1955. Cited by Cunha, 1977):

| 20% cane sugar 3 | 88% | 15% cane sugar | 20% | Dried skim milk 17% |
|------------------|-----|----------------|------|---------------------|
| 10% cane sugar 1 | 3% | 5% cane sugar | . 5% | 0.05% saccharin 4% |
| 0% cane sugar | 2% | | | |